

### PICO Community Usage Guide

Ensure that factors which may adversely affect the patient's ability to heal have been identified and appropriately addressed

- 1 Employ PICO Traffic Lights to see if PICO treatment can be considered
- 2 Review PICO Considerations for Use to inform initial treatment decisions
- 3 Use PICO Treatment Pathway to guide and review ongoing treatment

Always read the instructions for use before initiating PICO treatment

PICO should always be used as described in the product's Indications For Use

## 1

### PICO TRAFFIC LIGHTS

#### USE PICO IF...

- Wound has not progressed for 6 weeks or longer
- Wound is being re-dressed 3 or more times per week
- Patient has been receiving negative pressure in acute care and has been discharged to the community

#### DO NOT USE PICO IF...

- The patient has a known sensitivity to adhesive dressings
- Wound exudate levels exceed 300ml per week
- Any of the contra-indications for PICO use are applicable

**PICO is contra-indicated for:**

- Patients with malignancy in the wound bed or margins of the wound (except in palliative care to enhance quality of life)
- Previously confirmed and untreated osteomyelitis
- Non-enteric and unexplored fistulas
- Necrotic tissue with eschar present
- Exposed arteries, veins, nerves or organs
- Anastomotic sites
- Emergency airway aspirator
- Pleural, mediastinal or chest tube drainage
- Surgical suction

## 2

### CONSIDERATIONS FOR USE

#### PATIENT SUITABILITY

**Is PICO a suitable treatment for the patient being considered?**

- Will the patient be concordant with the therapy?
- Will the patient remove and/or interfere with the dressing and/or device?
- Will PICO be acceptable to the patient?

#### WOUND SITE

**Is the wound location suitable for treatment with PICO?**

- Will it be possible to achieve and maintain a seal?
- Ensure the port can be located in an area which will minimise the risk of pressure damage

#### WOUND DEPTH

**For wounds with a depth greater than 0.5cm consider the use of a filler**

#### WOUND INFECTION

**Always refer to local protocol for guidance**

- Consider use of a topical antimicrobial (ACTICOAT<sup>®</sup> Flex 3)

#### ADDITIONAL THERAPIES

**Compression therapy**

- PICO is compatible with compression therapy if clinically required\*

\*PICO is compatible with compression therapy if clinically required; however, the wound should be first accurately assessed to ensure the exudate is of low to moderate volume. Application of active NPWT to a wound may cause production of additional exudate; so, following the first application of PICO under a compression system, check the PICO dressing after 2-3 days to see if fluid handling is acceptable or if a dressing change is required and that it is appropriate to continue with compression therapy. When applying compression therapy over PICO, ensure tubing connecting the PICO device and dressing runs over the top of the first layer and beneath subsequent layers to avoid it being held against the skin. If using compression hosiery, run tubing outside of stockings. For guidance on the correct application of a compression therapy, refer to the relevant manufacturer's instructions.

### 3

### PICO® TREATMENT PATHWAY

#### TREATMENT OBJECTIVE

Establish a specific goal for PICO treatment.

- Wound progression
- Encourage increased granulation tissue
- Reduce wound dimension
- Effective management of exudate
- Enhance patient quality of life
- Reduce the resources used in managing the wound

#### Patient Information

- Supply written and verbal information explaining PICO therapy to the patient
- Obtain informed patient consent for PICO treatment

#### Initiate PICO treatment as informed by the Considerations for Use

- Apply PICO
- Ensure good seal is achieved
- Educate the patient
- Discuss alarm lights and potential problems

#### INITIAL REVIEW: First Dressing Change

- Ensure that PICO is suitable and appropriate for the patient
- Ensure PICO is managing exudate
- Check that the patient and any carers are happy with PICO

#### WEEKLY REVIEW: End of Week 1 and ongoing thereafter

##### Does PICO continue to be suitable and appropriate?

- Has PICO managed the exudate?
- Is the patient happy with PICO therapy?

##### Has PICO led to progress being made towards treatment goals:

- Reduction in wound size?
- Enhanced patient quality of life?
- Reduced frequency of dressing changes / nursing visits?

Continue with PICO treatment and review on an ongoing basis

#### Discontinue if:

- PICO has proven to be unsuitable e.g. dressing requires changing more than twice per week
- Patient has had an adverse reaction
- Any of the contra-indications to PICO are now applicable

#### Discontinue if:

- Treatment goal has been achieved: e.g. granulation tissue flush with skin e.g. wound reduced in size

### Ordering Information

Description	Pad Size	S&N Code	NHSC Code	PIP Code
PICO 10cm x 20cm	5.6cm x 15cm	66801358	ELZ653	366-8571
PICO 10cm x 30cm	5.6cm x 25cm	66801359	ELZ654	366-0032
PICO 10cm x 40cm	5.6cm x 35cm	66801360	ELZ650	377-7646
PICO 15cm x 15cm	10cm x 10cm	66801361	ELZ655	366-0024
PICO 15cm x 20cm	10cm x 15cm	66801362	ELZ656	366-0016
PICO 15cm x 30cm	10cm x 25cm	66801363	ELZ651	377-7653
PICO 20cm x 20cm	15cm x 15cm	66801364	ELZ652	377-7679
PICO 25cm x 25cm	20cm x 20 cm	66801365	ELZ657	377-7661
PICO Multisite 15cm x 20cm (small)	5.5cm x 15cm	66801356	ELZ691	397-7188
PICO Multisite 20cm x 25cm (large)	9cm x 20 cm	66801357	ELZ692	397-7196

System for 7 days of therapy, 1 pump, 2 dressings, 2 AA batteries, retention strips



#### 24hr Technical Support Freephone Number:

UK: 0800 9155394

Ireland: 1800 30 36 22

Supporting healthcare professionals for over 150 years

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